



fizzy bath salts

1 cup Cooking Salt
1 cup baking soda
½ Cup cornstarch
½ Cup citric acid
Colouring (10 drops depending on preference)
Fragrance Oil (10-20 drops)

1. Mix the dry ingredients well.
2. Add colour and fragrance and blend into mix until thoroughly blended. NB: The colour in this will darken as it dries.
3. Place mixture into plastic bags or sterilised jar.

Use approximately a ½ cup for each bath.

The mixture 'fizzes' as it hits the water, and disperses quickly. Enjoy!

Naturally,

